



HAC Open meeting Memorial Niels Vandoorne



12/05/2019

2 euro per proef / alle G-atleten en HAC-atleten gratis

| LOOPNUMMERS | | | KAMPNUMMERS | | |
|--------------|-------|---------|--------------|----------|-----------------------|
| 13u00 | 100m | AMH V | 11u00 | Kogel | AMH V/M (2standen) |
| | 100m | AMH M | | Discus | Schol V (1kg) |
| | | | | | |
| 13u15 | 100m | Cad V | 11u45 | Kogel | JS V (4kg) |
| | 100m | Schol V | | Discus | Cad V (1kg) |
| | | | | | |
| 13u30 | 100m | Cad H | 12u30 | Kogel | Cad V/schol V (3kg) |
| | 100m | Schol H | | Discus | JS V (1kg) |
| | | | | | |
| 13u45 | 100m | JS V | 13u00 | Ver | Schol H |
| | 100m | JS H | | Polsstok | Gemengd (Start: 1m80) |
| | | | | | |
| 14u00 | 800m | Cad V | 13u15 | Kogel | Cad H (4kg) |
| | 800m | Schol V | | Discus | Schol H (1,5kg) |
| | | | | | |
| 14u15 | 800m | Cad H | 13u30 | Hamer | Cad V (3kg) |
| | 800m | Schol H | | | |
| | | | 13u45 | ver | AMH V/M (2 standen) |
| 14u30 | 800m | JS V | | hoog | Cad H/schol H |
| | 800m | JS H | | | |
| | | | 14u15 | Kogel | Schol H (5kg) |
| 14u45 | 800m | AMH V | | Discus | Cad H (1kg) |
| | 800m | AMH M | | Hamer | Schol V (3kg) |
| | | | | | |
| 15u00 | 300m | Cad V | 14u30 | ver | Cad V |
| | 300m | Schol V | | | |
| | | | 15u00 | Kogel | Sen H (7,260kg) |
| 15u15 | 300m | Cad H | | Discus | Jun H (1,750kg) |
| | 300m | Schol H | | Hamer | JS V (4kg) |
| | | | 15u15 | ver | Cad H |
| 15u30 | 300m | JS V | | | |
| | 300m | JS H | 15u30 | hoog | Cad V/schol V |
| | | | | | |
| 15u45 | 200m | AMH V | 15u45 | Hamer | Jun H (6kg) |
| | 200m | AMH M | | Discus | Sen H (2kg) |
| | | | | | |
| 16u00 | 3000m | Schol H | 16u00 | HSS | Schol V |
| | | | | | |
| 16u15 | 3000m | JS V | 16u30 | Kogel | Jun H (6kg) |
| | 3000m | JS H | | Hamer | Sen H (7,260kg) |